

JAIGOPAL GARODIA RASHTROTTHANA VIDYA KENDRA

Ramamurthy Nagar, Bengaluru, Karnataka 560016

TEACHERS TRAINING PROGRAMME

DATE	TOPIC	VENUE	RESOURCE PERSON	FACULTY ATTENDED
17/05/2025 18/05/2025	Teachers' orientation Programme (TOP 1) -Motivation - Professional Development	JGRVK	Sri. Maheshwaraiah ji Smt. Manjula ji Smt. Prema surendar ji	Teachers from PRE-KG to 10th standard
20/05/2025 21/05/2025 & 22/05/2025	TIP (Teachers Induction Programme)	RVK-A	Smt. Manjula ji (Academic coordinator)	New teachers attended the session
21/05/2025	Session on Classroom Management	JGRVK	Smt. Prema Surendar	Teachers from PRE-KG to 10th standard
7/6/2025	Inaugural of FDP	JGRVK	Smt. Prema Surendar	Teachers from PRE-KG to 10th standard
20/06/2025	Capacity building Programme (Happy classroom)	JGRVK	1.Smt.Geetha Dikshith (principal NPS Kengere) 2.Smt.Nikky Purohit	JGRVK Teachers

27/06/2025	SECT	JGRVK	Dr. Suresh Shetty Smt. Malashree	RVK Teachers
28/06/2025	FDP (Outdoor learning)	JGRVK	1.Smt. Kavya 2. Smt. Rajitha	Gokulam teachers
04/07/2025	Universal design for learning	JGRVK	Smt. Manjula Veeranna	Teachers from PRE-KG to 10th standard
11/08/2025 & 12/08/2025	Teachers Orientation Programme (TOP 2) Common Sessions -Action research	JGRVK	Sri.Maheshwaraiah ji	Teachers from PRE-KG to 10th standard
26/07/2025 & 27/07/25	TIP (Teachers' Induction programme)	RVK-A	1.Sri.Maheswariah 2.Smt.Prema Surendar	New teachers attended the session
29/07/2025	Inclusive practices for learning (FDP)	JGRVK	1. Smt. Jayalakshmi 2. Smt. Savitha	Gokulam teachers
30/08/2025	Pygmalion Effect	JGRVK	1.Smt Pallavi Natasha	Gokulam teachers & 1-10
07/09/2025	POSH	JGRVK	1.Smt. Divya ji (HR JGRVK)	Teachers from PRE-KG to 10th standard

12/09/2025	Using picture book for comprehension and expression	JGRVK	1.Smt. Shanmugapriya 2. Harini	Gokulam teachers
06/10/2025 & 07/10/2025	TOP-3 Code of conduct for teachers	JGRVK	Sri.Maheswariah	Teachers from PRE-KG to 10th standard
25/10/2025	Labelling and stratification of children on labelling	JGRVK	1.Smt Madhulika 2. Smt.Premila 3.Smt.Kamala ji	Gokulam teachers 1-10
08/11/2025	School specific program (Recreational games and art /Craft)	JGRVK	Sports incharges	Teachers from PRE-KG to 10th standard
14/11/2025	Naturopathy	JGRVK	External Resourse person	Gokulam teachers
22/11/2025	Mindfulness and emotional regulation for educators	JGRVK	Smt. Maheshwari ji	Teachers from PRE-KG to 10th standard

06/12/2025	NEP	JGRVK	Smt. Kamala ji	Teachers from PRE-KG to 10th standard
03/01/2026	Math and fine motor skills	JGRVK	1.Smt Hemalaths ji 2.Smt. Ujwala ji	Gokulam teachers
10/01/2026	CBP	JGRVK	Smt.Santoshi Natiji Smt.Sudha ji	1 - 10
24/01/2026	Theme based Integrated learning	JGRVK	1.Smt Sumathi ji 2. Smt. Bharathi ji	Gokulam teachers
17/01/2026	Nipun Bharath	JGRVK	Smt. Sumalatha ji	Foundation
26/02/2026	Promoting teachers well being and self care	JGRVK	Smt. Savitha Ropalu	Teachers from PRE-KG to 10th standard
21/02/2026	Effective communication	JGRVK	Smt.Alka Dubey ji	Gokulam teachers

21/02/2026	NCF	JGRVK	Smt.Poongodhai	1 - 10
24/02/2026	Swadhyaya	JGRVK	Smt Suchitra ji	Teachers from PRE-KG to 10th standard
07/03/2026	Best Practices Paper Presentation	JGRVK	Sri. Gaurang ji	Grades 1-10
14/03/2026	Valedictory	JGRVK	Smt.Prema Surendar ji	Teachers from PRE-KG to 10th standard

Teachers' Induction Programme

The Teachers' Induction Programme, held on 13th and 14th June 2025, set the stage for a transformative learning journey.

Day 1 began with an auspicious inauguration by Sri Maheswariah ji State Administrative Pramukh CBSE schools Karnataka, Correspondent RVK CBSE Bengaluru, followed by Sri B.S. Ravikumar ji, Member of the Managing Committee and Pramukh–Shiksha Vibhag, RP, where guruji gave a concise gist of Panchamukhi Shikshana. This

was followed by sessions on the National Curriculum Framework for School Education (NCF-SE) 2023, highlighting the key paradigm shifts in education and emphasizing the vital role of teachers as nation-builders. The day concluded with Mukta Samvaada is an open dialogue session promoting free expression and collaborative reflection.



Day 2 focused on practical applications covering assessment patterns, effective communication strategies, the 5E lesson plan approach, and an introduction to the RVK system. The Programme wrapped up with Sampan, a reflection session where teachers shared their learnings and outlined actionable takeaways for their classrooms.



National Curriculum Framework

A session on the National Curriculum Framework (NCF) was conducted on Saturday, 21st February 2026. The session was led by Smt. Poongodhai Ji co-ordinator for classes 3 to 6.

The resource person highlighted the importance of implementing a common curriculum and adhering to common guidelines in alignment with NCERT and the competency-based curriculum as envisioned in NEP 2020. The discussion focused on the core question, "How to teach?", emphasizing the transition from traditional teaching methods to modern, student-centered approaches.



Role play was suggested as an effective strategy that connects ancient methods of experiential learning with modern classroom practices. The session also explored key questions such as What to teach? and how to assess? Ice-breaker activities and proper utilization of resources were emphasized to ensure student engagement.

A major focus of the session was understanding the need for a new NCF. The resource person stressed that education must go beyond exam preparation and instead prepare children for life. The importance of developing competencies to meet future challenges was discussed in detail.



Learning Outcomes and Pedagogies

- Smt. Santoshi Neti and Smt. Sudha

A session was conducted on the topic "Learning Outcomes and Pedagogies" by Smt. Santoshi Neti and Smt. Sudha by a CBSE Resource Persons with expertise in competency-based education, learning outcomes, and NEP 2020 implementation.

Teachers were advised to design assessments that measure application and understanding, not rote learning.

Outcomes of the Session

Teachers gained clarity on writing effective learning outcomes

Improved understanding of competency-based teaching

Enhanced ability to select appropriate pedagogies

Greater confidence in aligning teaching, learning, and assessment

Motivation to implement NEP 2020 practices in classrooms



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